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## Sign-up for Alerts

Keep up with Space Coast Cancer Center's latest news and events by signing up for our e-newsletter by e-mailing [kathys@spacecoastcancer.com](mailto:kathys@spacecoastcancer.com) or by filling out an e-mail reminder form at any of our offices.

## Daffodil Volunteer Opportunities Available

Space Coast Cancer Foundation is seeking compassionate, motivated volunteers to assist in the mission of providing need-based support to ease the financial burden of cancer treatment. Volunteer opportunities include assisting with the Daffodil Gala, community events and business operations. Space Coast Cancer Foundation provides financial assistance and support to cancer patients and their caregivers and strives to promote community awareness of relevant healthcare issues through a variety of outreach functions. If you would like to become part of our Daffodil volunteer program, please contact Shannon at 321.264.5504 or [shannonsi@spacecoastcancer.com](mailto:shannonsi@spacecoastcancer.com)

## Cancer Survivor of the Month

Cancer survivor, Duane Bennett, hasn't let cancer stop him from pursuing passions in life – helping others. Duane and his wife, Joan, are very involved with Hats for Hope. This organization donates thousands of hats and blankets to cancer patients. Duane states, "You can't sit and say woe is me, you have to keep moving forward. Continue to do things you always were doing and more." Duane is very grateful for the sympathy poured out by his attending physician, Dr. Muwalla. One time, during an office visit, he witnessed Dr. Muwalla assist a frail patient out of the exam room and walk her out to her car. He was overwhelmed by the phone call he received from Dr. Muwalla to check on him after his first radiation treatment and undergoing chemotherapy. Duane states, "It is very rare that a doctor calls you at home to check on you. You have to go a long way to find a doctor that cares about his patients so much."

## New Support Groups

SCCC is proud to announce new support groups. There will be two new caregiver support groups; the Titusville and Viera offices to begin in February. All caregivers are welcome to attend.

## Did You Know?

### **New CPR Guidelines emphasize chest compression first.**

Chest compression should be used first to quickly restore blood circulation when using cardiopulmonary resuscitation (CPR), to revive someone stricken by cardiac arrest. Give chest compression at a rate of at least 100 times per minute, push deeper on the chest, compress at least 2 inches in adults and children, 1.5 inches in infants, avoid any lapses in chest compressions, and avoid excessive ventilation.

*Circulation, 2010. 122, S640-S656. October 18, 2010*

## January Support Group Schedule

Breast Cancer	1/10/12	5:30 - 7:00 pm
Multiple Myeloma	1/12/12	5:30 - 7:00 pm
Leukemia/Lymphoma	1/31/12	4:30 - 5:30 pm
Caregiver	TBD	Will meet in Viera
Caregiver (Titusville)	2/20/12	5:30 - 7:00 pm

*For information, call 855.894.HOPE(4673), x3500.*